



SHEILA HOLM

LIFE COACH SHARES GAME TECHNIQUES

by Jon Bastian

Sheila Holm spends half her time in Lake Tahoe, Nev., (*) and Southern California, and the other half teaching people to “Maximize Your Success” by identifying life patterns which positively or negatively impact time, money and resources each day. She is often called, “The Professor of Profitability,” and she is known for her Life Game boards, causing people to “Stake Your Claim,” as quoted in a recent press release (and) featured on MSNBC, KCBS, CNN Industry Watch, and in INC., etc.

Holm has faced major issues in her personal and business life, especially during the past decade, while she developed her practical approach to life. Her coaching tools and techniques show you how to complete the Balanced Life game boards within minutes each day, so you can live a “balanced life.” To balance her own time, she says, “I utilize the same game board approach, since we are spectators or participants in life, or we are choosing to sit on the sidelines.”

Based upon her life-game perspective, she said, “You are making choices each and every moment, and your choices clearly confirm whether you are in the game or not.” Holm added, “People often confuse the game (or playing) field with the battlefield. When they only focus upon the battle, they miss the game which is in progress, while they develop symptoms such as: always complaining about having no time (or money) to play the game, and they are always exhausted.”

Her success rate has provided invitations to Europe, the Far East, Africa, Australia, South, Central and North America, the Pacific and Caribbean Islands, and especially The Kingdom of Tonga and her local community. She was recently the featured Keynote Conference Speaker at the GMG Mirage in Las Vegas.

*NOTE: Reporter observed speaking engagements in Las Vegas & Tahoe, and he was aware that Sheila Holm was a guest in a private home in Tahoe and she spent half of her time traveling. However, Sheila is a resident of Southern California.